



## Summer 2020 Events COVID-19 Protocols and Procedure

All PrimeTime Lacrosse Events for the Summer of 2020 will be held in New Hampshire.

- Bulldog Brawl – July 21<sup>st</sup>-22<sup>nd</sup>
- PrimeTime Shootout – July 23<sup>rd</sup> - 24<sup>th</sup>
- NH Invitational – August 1<sup>st</sup> - 2<sup>nd</sup>
- NH64 #1 – August 8<sup>th</sup> - 9<sup>th</sup>
- NH64 Girls and Boys #2 – August 14<sup>th</sup> - 16<sup>th</sup>

PrimeTime Lacrosse will follow New Hampshire state guidelines regarding youth sports as well as CDC recommendations and individual facility policies. **These guidelines are subject to change at any moment.** Additionally, several other procedures have been put in place to ensure the safety of all players, spectators, and staff at the event.

**\*\*\*Please read this document carefully before attending any PrimeTime Lacrosse Event.\*\*\***

### PrimeTime Lacrosse Rules and Procedures

- Individuals showing symptoms within 72 hours of the start of the event including but not limited to coughing, sneezing, fever, chills, body aches, or loss of smell or taste...PLEASE DO NOT ENTER FACILITY.
- Per New Hampshire guidelines all individuals will undergo a temperature check prior to entering facility.
- Masks must be worn at ALL times while on site at facility. This includes athletes when not participating in competition.
- All individuals (except athletes during competition) must maintain 10ft of social distance, including when using restrooms or other public areas and when entering and exiting the facility.
- DO NOT ENTER FACILITY if... In the 14 days leading up to an event an individual has been in contact with someone who has tested positive for COVID-19 including those working as a medical professional in treatment capacity.
- DO NOT ENTER FACILITY if... In the 14 days leading up to an event an individual has traveled OUTSIDE the states of VT, NH, ME, MA, RI, or CT.

- All event athletes are limited to ONE guest (parent, guardian, sibling, etc.).
- Individuals and athletes can only enter the facility 20 minutes before first scheduled game and must depart facility within 10 minutes of last scheduled game.
- Each athlete is required to bring their own water and water source for the event. There will not be a central water source and sharing water is prohibited.
- No tailgating or outside tents of any kind is permitted during events.

### **Symptom Screening Pre-Event Check-List**

It is the responsibility of parents/guardians and coaches to ensure that ALL ATTENDEES (including coaches and spectators) are screened each morning prior to attending a PrimeTime Lacrosse Event.

Pre-Screening should include the following questions:

- Temperature check (any temperature over 100.4 will be required to stay home from event).
- Does athlete/individual live with, or has s/he had contact with, anyone who has been diagnosed with or likely diagnosed with COVID-19 within the last 14 days?
- Does athlete/individual have a fever, cough and/or shortness of breath?
- Does athlete/individual have gastrointestinal symptoms (vomiting, diarrhea), new loss of taste/smell, muscle aches?
- Does athlete/individual have any other signs of communicable illness such as a cold or flu?
- Has athlete/individual traveled in the past 14 days either:
  - Internationally (outside the U.S.)
  - Domestically outside of New England by any method
  - By cruise ship
  - Domestically (within the U.S.) outside of NH, VT, or ME on public transportation (e.g., bus, train, plane, etc.)

**\*\*IF YES TO ANY OF THESE QUESTIONS, ATTENDEES ARE REQUIRED TO STAY HOME FROM EVENT\*\***

### **Release of Liability/Waiver and Program Certification**

Program directors will certify that all attendees have reviewed and acknowledged the following release of Liability and Waiver for ALL PrimeTime Lacrosse Events.

*I have read the PrimeTime Lacrosse INC rules, regulations and procedures and will adhere to the policies outlined in the document provided by PrimeTime Lacrosse. I hereby give permission for my child to participate in lacrosse activities and game play. I indemnify and hold harmless, PrimeTime Lacrosse, any and all facilities used, and any individual working as an officer, coach, athletic trainer or official or in any capacity for this organization, for any and all injuries, damages, causes of actions or claims for personal injuries or property damage, arising from my child's participation in this program, or any leagues, teams or tournaments associated with PrimeTime Lacrosse.*

*Further, I agree that I, my child or anyone else that accompanies player to any PrimeTime Lacrosse Event will comply with and submit to any and all policies, protocols, procedures or other requirements that PrimeTime Lacrosse has established in addition to all New Hampshire state guidelines. All guidelines and protocols are set forth to protect the health and wellbeing of those who participate in or otherwise attend any PrimeTime Lacrosse Event, including, without limitation, wearing a mask, temperature checking, social distancing in accordance with the guidelines recommended by the CDC and the state of New Hampshire and all guidelines in the future that have not been released yet. I fully understand and appreciate both the known and potential dangers of participating in and attending PrimeTime Lacrosse Events and acknowledge that both athletes and attendees of such events may, despite PrimeTime Lacrosse efforts to mitigate such dangers, result in exposure to COVID-19, which could result in quarantine requirements, serious illness, hospitalization, disability and/or death. I voluntarily assume all such dangers and risks and accept sole responsibility for any illness, loss or liability that may result from participating in or attending any and all PrimeTime Lacrosse Events.*

*I acknowledge and agree that the Release of Liability and Waiver provided by PrimeTime Lacrosse, as well as the covenant not to sue and indemnify obligations previously set forth above extend to any liabilities arising due to any person contracting or transmitting COVID-19 as a result of participating in or attending any and all PrimeTime Lacrosse Events.*

**If a team coach, athlete, parent, staff, or spectator is diagnosed with COVID-19 within two weeks of the event...**

- It's the responsibility of the individual (or parent) to immediately self-report a COVID-19 diagnosis within two weeks of attending the event. The self-report should be sent to Spencer Low (National Events Director) at [Spencer@PrimeTimeLacrosse.com](mailto:Spencer@PrimeTimeLacrosse.com).
- If PrimeTime Lacrosse is informed of a COVID-19 diagnosis within two weeks of the event, our staff will send a notification email to teams who may have come in close contact with the affected individual. All identifying information will be kept confidential.

The notification email will be sent to Coaches/Directors, who must then communicate this information to their team. **No details of the affected individual will be provided. 'Details' includes name, team, division, position, age, or any other identifying information.**

**On Field Procedure**

- Athletes will NOT shake hands upon the completion of the game.
- Chest bumping and in game celebrations are prohibited.
- Bags must be kept 6ft apart on sideline and athletes should not touch other athletes' bags, equipment, or water bottles.
- Once an athletes last game is completed, all individuals will immediately exit the facility.
- During intermissions between games, athletes will be asked to socially distance a minimum of 6ft and not congregate with other athletes even if on the same team.
- Masks must be worn by athletes while not playing in game.
- Coaches are asked to wear masks at all times in the facility.

- Teams are not to enter team bench area until previous team has completely vacated the bench area.

### **New Hampshire Youth Sports Guidelines**

Staff, athletes, and volunteers and spectators must be screened on arrival to each competitive sporting event, training session, or practice by having their temperature taken (temperature checks for athletes participating in competitive events is at the discretion of the organizing entity but is not required) and all shall be asked if they:

- a. Has any symptoms of COVID-19 (see Universal Guidelines for list of potential symptoms) or fever of 100.4 degrees F or higher.
- b. Has had any close contact with someone who is suspected or confirmed to have had COVID-19 in the past 14 days. (NOTE: Healthcare workers caring for COVID-19 patients while wearing appropriate personal protective equipment should answer “no” to this question)
- c. Traveled in the past 14 days either:
  - i. Internationally (outside the U.S.),
  - ii. By cruise ship,
  - iii. or Domestically (within the U.S.) outside of NH, VT, or ME on public transportation (e.g., bus, train, plane, etc.).

Person(s) with any COVID-19 symptoms, those who report that in the past 14 days they have had close contact with someone suspected or confirmed with COVID-19, or report travel risk factors should not be allowed into the sporting event, competition, game, and/or practice, and:

- a. Symptomatic persons should be instructed to contact their healthcare providers to be tested for COVID-19 and self-isolate at home following the instructions below.
- b. Asymptomatic persons reporting that in the past 14 days they have had close contact with someone suspected or confirmed with COVID-19, or who report one of the traveled-related risk factors should self-quarantine for 14 days from their last exposure or return from travel.
- c. **NOTE:** Healthcare workers caring for COVID-19 patients while wearing appropriate personal protective equipment should answer “no” to this question.

Person(s) with a suspected or confirmed diagnosis of COVID-19 must stay home until symptom based criteria are met for discontinuation of isolation which are:

- a. At least 10 days have passed since symptoms first appeared, AND
- b. At least 3 days (72 hours) have passed since recovery (“Recovery” is defined as resolution of fever off any fever reducing medications plus improvement in other symptoms).
- c. Staff and volunteers should not transport any athletes that are not immediate family members. In the event that transportation becomes necessary due to an emergency situation, all parties must wear cloth face coverings and space out seating to maintain maximal distance from each other.